# JERSEY PETANQUE ASSOCIATION

## Safe Playing Policy. For players involved in JPA competitions.

Members of the Association are advised that the game of Pétanque can, potentially, be dangerous.

There are obvious risks involved when the game involves throwing steel boule weighing anything up to 800 grams over a distance of ten metres.

However, the risks can be managed and reduced by players adhering to the simple policies laid out below.

- To avoid physical damage, for example muscle and tendon strain, players should always 'warm up' before playing. You are less likely to suffer aches and pains resulting from physical activity if you warm up gently with a few simple stretching and loosening up exercises.
- Players should wear footwear that affords some protection against a dropped or rolling boule. Bare feet, flip flops and open sandals do not offer any defence and should not be worn when playing.
- Players participating in JPA competitions should not drink alcohol before or during a match nor should glasses or bottles be taken on to the terrain.
- Appropriate clothing should be worn to provide warmth or protection from the sun. (Please refer to the Code of Behaviour)
- In the event of thunder and lightening occurring during a game or match, the JPA recommends that players show sensible caution by suspending play – continuing their game or match when the threat of thunder and lightening has passed.
- Players and spectators should remain aware and vigilant when on the terrain. They should not encroach onto another games' playing area. When not playing team members should remain either behind and to the side of the cochonnet or behind and to the side of the playing circle.
- To avoid accidents players should not throw their boule if there is a danger of another player or spectator straying onto the playing area.
- The wooden surrounds of some playing areas can become slippery when wet and therefore care should be taken when walking onto the terrains. Other surrounds present a potential trip hazard and both players and spectators should be aware.
- Players should not put boule bags, boule or other items on the playing surface or pathways where they may present a hazard to others.
- Players, spectators and visitors are not permitted to smoke on the terrains.
- Players should play and abide by the rules of the game of pétanque, and any additional 'local rule' made for the smooth running of a particular match or competition.
- Association members should report any potentially dangerous or hazardous occurrence or situation to a member of the JPA committee. Incidents should be reported to safeguarding.je/report-a-concern
- The Jersey Pétanque Association has a duty of care to its members and any visitors to JPA organised events. Members are asked to co-operate with the JPA committee in providing and maintaining a safe and healthy playing environment.

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